

Series: On the Table
Title: What should Christians do with things like Halloween, yoga and alcohol?
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Welcome anyone who is weak in faith, but don't argue about disputed matters. One person believes he may eat anything, while one who is weak eats only vegetables. One who eats must not look down on one who does not eat, and one who does not eat must not judge one who does, because God has accepted him. Who are you to judge another's household servant? Before his own Lord he stands or falls. And he will stand, because the Lord is able to make him stand. One person judges one day to be more important than another day. Someone else judges every day to be the same. Let each one be fully convinced in his own mind. Whoever observes the day, observes it for the honor of the Lord. Whoever eats, eats for the Lord, since he gives thanks to God; and whoever does not eat, it is for the Lord that he does not eat it, and he gives thanks to God. (Romans 14:1-6)

Be convinced in your own mind and be kind.

So then, let us pursue what promotes peace and what builds up one another. Do not tear down God's work because of food. Everything is clean, but it is wrong to make someone fall by what he eats. It is a good thing not to eat meat, or drink wine, or do anything that makes your brother or sister stumble. Whatever you believe about these things, keep between yourself and God... (Romans 14:19-22)

In essentials unity, in non-essentials liberty, in all things charity.

Reflection Question:

How will you live out your convictions with kindness? What will you avoid, appreciate, or adapt?